

About Coronavirus (COVID-19)

Ibaraki NPO Center Commons

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- Symptoms of Coronavirus are fever and cough. Some people become severely ill.
- Spray infection, contact infection.

< Preventive measures >

- When you come home, before a meal, or when you touch something that many people touch, wash your hands well.
- Gargle when returning home.
- Wipe your hands with alcohol disinfectant.
- Do not go where there are many people.
- Put on a mask.

< If you have a fever / cough / sickness >

- Please put on a mask.
- If the temperature rises above 37.5 ° C, do not go to nursery schools, schools or work.
- If the fever remains for more than four days, call a health center.

(Tsukuba Health Center 029-851-9287)

- Please go to the hospital according to the instructions of the public health center.

If you have met someone from Hubei, China within two weeks of the fever appearing, tell your doctor.

©If you have any questions, please call Commons. 070-2303-7408